



Choco Mole

SHARED BY CAROL ZETTLE

Prep Time - 10 minutes

Servings - 4 people

ingredients

- 2 Avocados, ripe
- ½ cup Cacao powder, raw
- ½ cup Maple Syrup
- ½ cup Water or Milk of your choice

directions

- Peel, pit and cut the avocados into pieces.
- Put all ingredients into a blender and pulse until smooth, adding a little extra of the water/milk as needed.
- Serve in small ramekins or custard cups.

*Serve as a dip with fresh fruit for dessert or breakfast.

*It is a bit messy to get out of the blender but so worth it!

*It is perfect for maple syrup season and so simple to make.

*Don't tell people what is in it until after they enjoy it.