



chocolate banana muffins

A RECIPE BY ANITA CRESSMAN

Prep Time - 10 minutes

Bake Time - 14-16 minutes

Servings - 12 muffins

ingredients

Wet ingredients

- 3 large brown bananas mashed
- 1/2 cup white sugar
- 1/4 cup cooking oil
- 2 eggs
- 1 tsp vanilla

Dry ingredients

- 1 cup all purpose flour
- 1/2 cup whole wheat flour
- 2 heaping tablespoons cocoa
- 1/2 tsp baking soda
- 1 1/2 tsp baking powder
- 1/2 tsp salt

directions

- Combine all of the wet ingredients into a bowl and mix well.
- Combine all the dry ingredients in a separate bowl and mix well.
- Combine wet and dry ingredients and mix
- Extra: stir in a handful of chocolate chips if desired
- Divide into muffin tray (12 large muffins, or 24 mini muffin)
- Bake at 375 F for 14-16 min